



Name: Carrie Dixon, Ph.D.

Years with The ABPsi: membership since early 80s, Life member since late 80s

Position Seeking: Midwest Regional Representative

Work: Self employed as Dr. Carrie Dixon, Ph.D.

Education: Ph.D. in clinical psychology from University of South Carolina, in 1985  
Diploma in nursing, R.N., from Holy Cross Sch. Of Nursing, in 1971

Licensure: Indiana State Board of Examiners in Psychology, #20040075  
Health Service Provider in Psychology, #20040075

Recent Professional experience: Geriatric Counseling at Assisted Living facilities  
Medicaid Disability Evaluations, Forensic Evaluations

ABPsi activities: 1982-1983, Initiator and first Chairperson of the South Carolina Chapter for the  
Association of Black Psychologists (SCCABP)  
April 1983, Director of a Stress Management workshop which was conducted by  
SCCABP on the campus of the University of South Carolina  
1984-1985, Program committee member for the 1985 ABPsi National  
Convention  
1980s-1990s, Morning exercise (Spiritual Aerobics) instructor at several ABPsi  
National Conventions  
1990s, Stress Management and Addiction presenter at ABPsi National and  
Regional Conventions  
1990s-?, General Assembly committee member

**Honors:** September 1995, Plaque of appreciation, presented by the Indiana Association of Black Psychologists, for “ leadership, persistence, and dedication in addressing mental health needs of the African American community, and supporting professionalism among African American psychologists” in recognition of service as **chapter chair during 1991-1995.**

Publications: 1985, Dissertation on ‘Locus of Control and Hypertension in College Students’  
1993, Author, Choreographer, and producer of the ‘Spiritual Aerobics’ videotape

Presentations: 1986-?, workshops on stress management, addiction , cultural sensitivity, effective parenting, weight management, etc.

Community Service: past member of various national and grassroots organizations such as NAACP and Urban League; over the past 17 years, I have adopted three children out of the foster care system and have devoted my time to parenting, mentoring/jegnaing; active in my church; volunteer yearly at the community Thanksgiving Dinner; currently volunteering at the community’s ‘Project Hope Mentoring Program’ for youth

#### **PERSONAL STATEMENT**

I want to serve on the ABPsi Board of Directors to **Give Back.** I have invaluable benefited from my relationship with ABPsi. ABPsi was instrumental in assisting me with resolving two major conflicts with the University of South Carolina and connecting me with a mentor to serve on my dissertation committee. Over the years, ABPsi conventions have served as my haven for revitalization, rejuvenation, reaffirmation, empowerment, and education. I collect most of my CEUs at ABPsi conventions. The conventions provide a venue for reconnecting and consulting with friends and colleagues. ABPsi has helped me maintain my sanity, integrity, and longevity in the field of psychology. I have served at the local and national level. I wish to increase my service to ABPsi, over the next two years, as Midwest Regional Rep.

I will bring proficient collaboration skills to this position. I am level headed, even tempered, factual, and straight forward. I exhibit detailed organizational skills. I exercise good leadership skills. Through my military service as a Navy Nurse, I learned to be a good follower and an enforcer of regulations and policies. See above for other detailed skills and experiences.

My vision for a financially solid ABPsi: Ideally, to build our own convention site in the midwest, equipped with sleeping lodges, cafeteria, and meeting rooms. We could hold our meetings and conventions at universities for a couple years and use the net proceeds for building. Thereafter, convention revenue would stay in our own hands rather than that of hotels. We can put forth a greater effort in brainstorming and implementing creative fundraising endeavors.

One crucial challenge is survival of the organization. I believe the Student Circle to be a vital source of our survival. I will continue to push that initiative. One of our strengths is the

emphasis on research, theory development, and the dissemination of knowledge on the mental well being of African decent people.

We can build financial strength through proficient financial leadership, membership recruitment, and chapter building. I will encourage chapters to: focus on the recruitment of professionals and students, become a visible and viable presence in their communities, invoke interest and dialogue about our great African legacy in order to instill a thirst for knowledge about our heritage ( understanding that cultural knowledge and embracement of our history leads to the empowerment of our people), focus on the development of Emotional Enancipation Circles, and address other pertinent community issues.

Submitted by  
Carrrie Dixon, Ph.D.