

Suggested Reading List for Black/African Centered Psychology

Cultural

- Achebe, C. (1994). *Things fall apart*. New York, NY: Anchor Books.
- Akoto, A. (1999). *The Sankofa movement*. Washington, DC: Oyoko InfoCom.
- Carruthers, J. H. (1995). *MDW NTR: Divine speech*. London: Karnak House.
- Fu-Kiau, K. K. B., & Bunseki, F. K. (2001). *African cosmology of the Bantu-Kongo: Tying the spiritual knot: Principles of life & living*. s.l.: Athelia Henrietta Press.
- Parham, T. A., & Parham, T. M. J. (Eds.). (2002). *Counseling persons of African descent: Raising the bar of practitioner competence*. Thousand Oaks, CA: Sage Publications.
- Somé, M. P. (1995). *Of Water and Spirit: Ritual, magic, and initiation in the life of an African shaman*. New York, NY: Penguin Group.

Economics

- Anderson, C. (2000). *PowerNomics: The national plan to empower black America*. Bethesda, MD: PowerNomics Corporation of America.
- Anderson, M., & Gregory, T. (2012). *Our black year: One family's quest to buy black in America's racially divided economy*. New York, NY: PublicAffairs.
- Kunjufu, J. (2002). *Black economics: Solutions for economic and community empowerment*. Chicago, IL: African American Images.
- Mullins, E. (1991). *The secrets of the Federal Reserve*. s.l.: Bankers Research Institute.
- Subira, G. T. (1988). *Getting black people to sell*. s.l.: Very Serious Business.
- Wilson, A. N. (1998). *Blueprint for black power: A moral, political, and economic imperative for the twenty-first century*. New York, NY: Afrikan World InfoSystems.

Health

- Afrika, L. O. (2004). *African holistic health*. Brooklyn, NY: EWorld Inc.
- Afua (2012). *Heal thyself for health and longevity*. New York, NY: Eworld Inc.
- Balch, P. A., & Balch, J. F. (2000). *Prescription for nutritional healing*. New York, NY: Avery.

- Baroody, T. A. (1991). *Alkalize or die: Superior health through proper alkaline-acid balance*. Waynesville, NC: Eclectic.
- Bollinger, T. M., Well, J. B., Adams, M., & Bell, R. S. (2013). *Monumental myths of the modern medical mafia and mainstream media and the multitude of lying liars that manufactured them*. McKinney, TX: Infinity 510² Partners.
- Goss, P. (1985). *Forever young*. s.l.: Paul Goss.
- Goss, P. (1995). *The rebirth of gods*. s.l.: s.n..
- Kulvinskas, V. P., White, J., & Gregory, D. (1975). *Survival into the 21st century: Planetary healers manual*. Woodstock Valley, CT: 21st Century Publications.
- Suzar (1999). *Drugs masquerading as foods: Deliciously killing American-Afrikans and all peoples*. Oak View, CA: A-Kar Productions.

Spiritual

- Armah, A. K. (1979). *The healers: An historical novel*. London, England: Heinemann.
- Ifagbemi, B. R. (1999). *Ancestors: Hidden hands, healing spirits: For your use and empowerment*. Brooklyn, NY: Athelia/Henrietta Press.
- Mbiti, J. S. (1991). *Introduction to African religion*. Oxford, England: Heinemann Educational Books.
- Opoku, K. A. (1978). *West African traditional religion*. Accra, Ghana: FEP International Private Limited.

Educational

- Hilliard, A. G. (1995). *The maroon within us: Selected essays on African American community socialization*. Baltimore, MD: Black Classic Press.
- Hilliard, A. G. (1998). *SBA: The reawakening of the African mind*. Gainesville, FL: Makare Publications.
- Kambon, K. (1999). *The last black man standing*. Raleigh, NC: Blacknificent Books.
- Kunjufu, J. (2001). *State of emergency: We must save African American males*. Chicago, IL: African American Images.

Shujaa, M. J. (1994). *Too much schooling, too little education: A paradox of black life in white societies*. Trenton, NJ: Africa World Press.

Tedla, E. (1995). *Sankofa: African thought and education*. New York, NY: Peter Lang Publishing.

Wilson, A. N. (1978). *The developmental psychology of the black child*. New York, NY: Africana Research Publications.

Wilson, A. N. (1992). *Awakening the natural genius of black children*. New York, NY: Afrikan World InfoSystems.

Woodson, C. G. (1990). *The mis-education of the Negro*. Trenton, NJ: Africa World Press.

Family

Baruti, M. K. (2009). *Asafo: A warrior's guide to manhood*. s.l.: Akoben Press.

Hewlett, B. S. (1991). *Intimate fathers: The nature and context of Aka pygmy paternal infant care*. Ann Arbor, MI: University of Michigan Press.

Kafele, B. (1991). *A black parent's handbook to educating your children*. s.l.: Baruti Publishing.

Raet, I. (2007). *Holistic parenting from a Pan-African perspective*. s.l.: UBUS Communications Systems.

Sims, E., & Snowden, T. G. (2008). *Black family rituals: Rites of passage for the African American family*. Philadelphia, PA: Xlibris.

Vanderhorst, K. (1996). *Rearing African children under American occupation*. s.l.: Hotep Productions.

Winbush, R. A. (2001). *The warrior method: A program for rearing healthy black boys*. New York, NY: Amistad Press.

Psychological

Akbar, N. (1996). *Breaking the chains of psychological slavery*. Tallahassee, FL: Mind Productions & Associates.

Ashanti, K. F. (1993). *Psychotechnology of brainwashing*. Durham, NC: Tone Books.

Bynum, E. B. (1999). *The African unconscious: Roots of ancient mysticism and modern psychology*. New York, NY: Teachers College Press.

Fanon, F. (1967). *Black skin, white masks*. New York, NY: Grove Press.

Latif, S. A., & Latif, N. (1994). *Slavery: The African American psychic trauma*. Chicago, IL: Latif Communications Group.

Nobles, W. W., & Institute for the Advanced Study of Black Family Life and Culture. (1986). *African psychology: Toward its reclamation, reascension & revitalization*. Oakland, CA: Institute for the Advanced Study of Black Family Life and Culture.

Washington, H. A. (2006). *Medical apartheid: The dark history of medical experimentation on black Americans from colonial times to the present*. New York, NY: Doubleday.

Wilson, A. N. (1993). *The falsification of Afrikan consciousness: Eurocentric history, psychiatry, and the politics of white supremacy*. New York, NY: Afrikan World InfoSystems.

Wright, B. E. (1975). *The psychopathic racial personality*. Chicago, IL: Institute of Positive Education.

Entertainment

Bogle, D. (1973). *Toms, coons, mulattoes, mammies, and bucks: An interpretive history of Blacks in American films*. New York, NY: Viking Press.

Burrell, T. (2010). *Brainwashed: Challenging the myth of Black inferiority*. New York, NY: Smiley Books.

Chandler, W. B. (1999). *Ancient future: The teachings and prophetic wisdom of the seven hermetic laws of ancient Egypt*. Baltimore, MD: Black Classic Press.

Community

Dr. Huey P. Newton Foundation, Hillard, D., & West, C. (2008). *The Black Panther Party: Service to the people programs*. Albuquerque, NM: University of New Mexico Press.

Fuller, N. (1984). *The united-independent compensatory code/system/concept: A textbook/workbook for thought, speech, and/or action, for victims of racism (white supremacy)*. s.l.: Neely Fuller Jr..

Leary, J. D. G. (2005). *Post traumatic slave syndrome: America's legacy of enduring injury and healing*. Milwaukie, OR: Uptone Press.

T'Shaka, O. (1990). *The art of leadership*. Richmond, CA: Pan Afrikan Publications.

Welsing, F. C. (1991). *The Isis (Yssis) papers*. Chicago, IL: Third World Press.

Elder Respect

Appiah, P., Appiah, A., & Agyeman-Duah, I. (2007). *Bu me be: Proverbs of the Akans*. Oxfordshire, UK: Ayebia Clarke.

Baruti, K. B. (2010). *IWA*. Atlanta, GA: Akoben House.

Doumbia, A., & Doumbia, N. (2004). *The way of the elders: West African spirituality & tradition*. Saint Paul, MN: Llewellyn Publications.

Environment

Ani, M. Y. (1994). *An African Centred Critique of European Cultural Thought and Behavior*. Trenton NJ: Africa World.

Fu-Kiau, K. K. B. (1985). *The mbongi: An African traditional political institution: A eureka to the African crisis*. Nyangwe, Zaïre: Omenana.

Gallman, B. K., Ani, M., & Williams, L. O. (2003). *To be Afrikan: Essays by Afrikans in the process of Sankofa : Returning to our source of power*. Atlanta [i.e. Snellville], GA: M.A.A.T. [Mbongi Association for Afrikan Transformation].

Katz, R. (1982). Accepting "boiling energy". *Ethos*, 10(4), 344-368.

Some, S. (2000). *Welcoming spirit home: Ancient teachings for pregnancy, children & family*. Novato, CA: New World Library.

Relationships

Baruti, M. (2004). *Complimentarity: Thoughts for Afrikan warrior couples*. s.l.: Akoben House.

Chapman, G. D. (1995). *The five love languages: How to express heartfelt commitment to your mate*. Chicago, IL: Northfield Publications.

Gray, J. (1992). *Men are from Mars, women are from Venus: A practical guide for improving communication and getting what you want in your relationships*. New York, NY: Harper Collins.

Elmore, R. (1998). *How to love a black woman: Give and get the very best in your relationship*. New York, NY: Warner Books.

Elmore, R. (2001). *How to love a black man*. s.l.: Grand Central Publishing.

Somé, S. (2000). *The spirit of intimacy: Ancient teachings in the ways of relationships*. s.l.: William Morrow Paperbacks.

Subira, G. (1994). *Money issues in black male female relationships*. Newark, NJ: Very Serious Business Enterprise.

Historical

Armah, A. K. (1979). *Two thousand seasons*. London, England: Heinemann.

Browder, A. T. (1992). *Nile valley contributions to civilization*. Washington, D.C: Institute of Karmic Guidance.

Diop, C. A. (1978). *The cultural unity of Black Africa: The domains of patriarchy and of matriarchy in classical antiquity*. Chicago, IL: Third World Press.

Harding, V. (1981). *There is a river: The black struggle for freedom in America*. New York, NY: Harcourt Brace Jovanovich.

Williams, C. (1987). *The destruction of black civilization: Great issues of a race from 4500 B.C. to 2000 A.D.* Chicago, IL: Third World Press.

Williams, W. (1998). *The historical origin of Christianity*. Chicago, Ill: Maathian Press.

Williams, W. (2001). *The historical origin of Islam: Islam and Christianity-- cut from the same cloth*. Chicago, IL: Maathian Press.

Political

Carr, W. G. (1956). *Pawns in the game*. Willowdale, Ontario: National Federation of Christian Laymen.

Cooper, M. W. (1991). *"Behold a pale horse"*. Flagstaff, AZ: Light Technology Publications.

Beckles, H. (2013). *Britain's black debt: Reparations for Caribbean slavery and native genocide*. Kingston, Jamaica: University Of West Indies Press.

Brzezinski, Z. (1997). *The grand chessboard: American primacy and its geostrategic imperatives*. New York, NY: Basic Books.

Buchanan, P. J. (2002). *The death of the West: How dying populations and immigrant invasions imperil our country and civilization*. New York, NY: Thomas Dunne Books/St. Martin's Press.

Huntington, S. P. (1996). *The clash of civilizations and the remaking of world order*. New York, NY: Simon & Schuster.

Kotkin, J. (1993). *Tribes: How race, religion, and identity determine success in the new global economy*. New York, NY: Random House.

Marrs, T. (1995). *Circle of intrigue: The hidden inner circle of the global Illuminati conspiracy*. Austin, TX: Living Truth Publishers.

DVD

Citizens Commission on Human Rights (Producer). (n.d.). *Psychiatry: An industry death* [DVD]. Available from <http://www.cchr.org/videos/psychiatry-an-industry-of-death-1.html>

Merira Kwesi (Producer). (n.d.). *Sisters in the Struggle* [DVD]. s.l.: RBG Library Films.

Runoko Rashidi (Producer). (year). *Black Historical Pioneers* [DVD]. location: studio

Steve Cokely (Producer). (2007). *The Boulè* [DVD]. Available from <https://www.youtube.com/watch?v=Fa3r97jaxHw>

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